

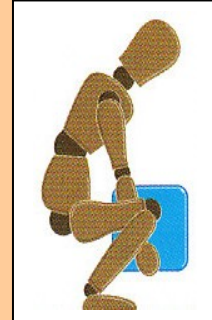
Manual Handling Assessment



A certificated (competence, level 3- normative) Full day course



This is an excellent course and includes: formal assessment of manual handling, complex cases, heavy loads, repetitive work, handling, MAC,ART, & RAPP.



**Attendance dates to meet YOUR needs
at YOUR place of work or at a venue of your choice.**

Delivered by a Tutor who is a Chartered Safety & Health Practitioner

We are confident that on completion you will have a far better understanding of how to undertake comprehensive manual handling tasks and an understanding how to control such tasks & selecting the most practical, safe and realistically viable options.

*This course will prove to be both informative & enjoyable & is aimed at those with safety responsibilities to become **Competent at Assessing Manual Handling** operations.*

Content includes: *Potential injuries & prevention, best practice, lifting capabilities of humans & limitations, safe systems of work, case studies, a variety of solutions covering many industries, document control system included for use at work.*

Kinetic lifting methods and limitations, how to assess team lifting operations, PPE, moving / lifting / carrying / handling machinery, products, materials, packaging, equipment, people etc and supporting media.

*There is a **Formal Practical Assessment** on this course which forms the basis of the assessment to determine competence. On successful completion candidates will obtain the competence certificate rather than the attendance certificate.*

Course notes included, **Full days tuition** (typically 0900 to 1630)
(you can have as few as you like in the group or the max permitted or even 1:1 tuition)

Quotations by BST are provided for the course to meet your specific requirements and will vary dependant on the number of candidates, distance, and venue etc.

Course content and duration may vary as a result of changes needed to comply with the requirements of legislation or necessary updates, but details were correct at the time of publication.

Bespoke Safety Training & Consultancy Limited

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